

NORTH FISH PRICE LIST WITH INFORMATION ON PRODUCT INGREDIENTS and ALLERGENS IN PRODUCTS

PRODUCT	INGREDIENTS	Y - CONTAINS; MC - MAY CONTAINS														MINIMUM WEIGHT
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	
		Gluten	Crustaceans	Eggs	Fish	Peanuts	soy	Milk	Nuts	Celery	Mustard	Sesame seed	Sulfur dioxide and sulfites	Lupine	Molluscs	
		Y MC	Y MC	Y MC	Y MC	Y MC	Y MC	Y MC	Y MC	Y MC	Y MC	Y MC	Y MC	Y MC	Y MC	
LUNCHES																
Fried cheese	fried edam cheese in breadcrumbs (made from a frozen product); tartar sauce sachet (ingredients on the packaging, minimum weight and sauce ingredients are presented in the table below, in the Other additives group)	•		•		•		•		•		•		•		100g
Alaska Pollock - breaded	breaded pollock	•		•		•		•		•		•		•		120g
Cod - breaded	breaded cod	•		•		•		•		•		•		•		140g
Hake in sesame breading	breaded hake, herb-garlic sauce, mozzarella cheese, roasted onion	•		•		•		•		•		•		•		140g
Haddock	breaded haddock	•		•		•		•		•		•		•		150g
Cod with mushrooms	breaded cod, fried mushrooms, mozzarella cheese, Harissa spicy sauce, parsley	•		•		•		•		•		•		•		150g
Salmon - grilled	Norwegian grilled salmon, rapeseed oil, spices		•		•		•		•		•		•		•	110g
Salmon - steamed	Norwegian salmon, lemon or Norwegian salmon, rapeseed oil, spices, lemon		•		•		•		•		•		•		•	110g
BURGERS & WRAPS																
Fishburger - mild	beer bun (bread made from frozen dough), pollock cube, tartar sauce, mixed salad, Swedish salad, roasted onion	•		•		•		•		•		•		•		170g
Fishburger - spicy	beer bun (bread made from frozen dough), pollock cube, onion sauce, mixed salad, Swedish salad, roasted onion	•		•		•		•		•		•		•		170g
Halloumburger	beer bun (bread made from frozen dough), olive sauce, rocket, halloumi cheese, fresh tomato, red onion	•		•		•		•		•		•		•		145g
Cheeseburger - mild	beer bun (bread made from frozen dough), tartar sauce, mixed salad, fried edam cheese in breadcrumbs (made from a frozen product), tomato, red onion, ketchup	•		•		•		•		•		•		•		230g
Cheeseburger - spicy	beer bun (bread made from frozen dough), tartar sauce, mixed lettuce, fried edam cheese in breadcrumbs (made from a frozen product), tomato, red onion, Harissa spicy sauce	•		•		•		•		•		•		•		230g
Tortilla wrap with halloumi cheese	tortilla (bread made from frozen dough), halloumi cheese, olive sauce, black olives, rocket	•		•		•		•		•		•		•		150g
Tortilla wrap with salmon	tortilla (bread made from frozen dough), leaf spinach, Norwegian salmon, mozzarella cheese, salad cheese, dried tomatoes	•		•		•		•		•		•		•		150g
SNAX																
Fries - small portion	fries ketchup (packaging)		•		•		•		•		•		•		•	100g
Coleslaw	white cabbage, horseradish sauce, sugar, carrots, salt, parsley, acidity regulator: citric acid, spices				•											120g
Mixed salad box	mixed lettuce (endivia, frisee, radicchio), tomato, and red onion															50g
Mixed salad - large box	vinaigrette sauce mixed lettuce (endivia, frisee, radicchio), tomato, and red onion															100g
Half-pound fries	fries ketchup (2 packages)		•		•		•		•		•		•		•	230g
Cod chunks - small portion	breaded cod pieces (3 pcs.) tartar sauce (packaging)	•		•		•		•		•		•		•		75g
Fried squid rings - small portion	breaded squid sweet chilli sauce (packaging)	•	•		•		•		•		•		•		•	65g
Breaded King prawns - small portion	shrimps in breadcrumbs (3 pcs.) sweet chilli sauce (packaging)	•	•		•		•		•		•		•		•	65g
Fish chunks & fries - Cod	fries, breaded Atlantic cod (5 pcs.) tartar sauce (2 packages)	•		•		•		•		•		•		•		250g
Fish chunks & Green - Cod	mixed lettuce, fresh tomato, red onion, breaded Atlantic cod (5 pcs.) vinaigrette sauce, ketchup	•		•		•		•		•		•		•		190g
Cod chunks - large portion	pieces of breaded cod (8 pcs.) tartar sauce (2 packages)	•		•		•		•		•		•		•		210g
Fried squid rings - large portion	breaded squids, 1/8 lemon sweet chilli sauce (2 packages)	•	•		•		•		•		•		•		•	170g
Breaded King prawns - large portion	shrimps in breadcrumbs (8 pcs.), 1/8 lemon sweet chilli sauce (2 packages)	•	•		•		•		•		•		•		•	180g
SIDES - WARM (available in a rotating system)																
Baked beans in tomatoe sauce	baked beans in tomatoe sauce															
Cauliflower	cauliflower, rapeseed oil, salt															
Gnocchi with pesto	gnocchi, pesto sauce (zucchini, cooking product with vegetable oils, pesto, oil, salt, pepper), oil, salt	•		•		•		•		•		•		•		
Gnocchi with spinach and sundried tomatoes	gnocchi, leaf spinach with dried tomatoes 37.6% (leaf spinach 59%, a product for cooking with vegetable oils, dried tomatoes 12.3%, rapeseed oil, garlic paste, fresh garlic, spices), oil, salt	•		•		•		•		•		•		•		
Gnocchi with tomato sauce	gnocchi, tomato sauce (zucchini, pelati tomatoes, red onion, oil, lemon juice (reconstituted from concentrate), garlic, sugar, salt, pepper), oil, salt	•		•		•		•		•		•		•		
Pearl barley with vegetables	pearl barley, vegetable mix (sweet corn, red beans, green beans, green peas, red carrots, celery, melange peppers), rapeseed oil, spices	•		•		•		•		•		•		•		
Sides - Basmati rice	jasmine rice, rapeseed oil, black sesame, salt		•													
Roasted potatoes	potatoes, rapeseed oil, spices, salt		•													
Sides Steamed vegetables mix	vegetables (cauliflower, broccoli, junior carrots, yellow carrots), water, rapeseed oil, spices		•													
Skin on fries	fries		•													
Spinach leaves	leaf spinach, cooking product with vegetable oils, rapeseed oil, garlic paste, fresh garlic, spices		•													
Steamed green beans with sesame seeds	green beans, red pepper, rapeseed oil, roasted sesame, salt		•													
Broccoli	broccoli, rapeseed oil, salt		•													
Sweet potatoe fries	Sweet potatoe fries		•													
Spicy rice	Rice basmati, spice harissa sauce, peppers green fresh, rapeseed oil, turmeric, salt		•													
Rice with quinoa	rice basmati, quinoa, rapeseed oil, salt		•													
Mac & Cheese	vege cream, gorgonzola cheese, salt, parsley fresh, black pepper ground, nutmeng	•		•		•		•		•		•		•		
SIDES - COLD (available in a rotating system)																
Beetroot salad	boiled beetroot, sugar, rapeseed oil, salt, acidity regulator: citric acid		•													
Chickpeas with aubergine and red pepper sauce	chickpea, green pepper, ajvar, lemon juic, oil, pepper, salt		•													
Coleslaw	white cabbage, horseradish sauce, sugar, carrots, salt, parsley, acidity regulator: citric acid, spices				•											
Green peas	green peas, lemon juice, sunflower seeds, lemon fresh, mint sauce, oil, garlic, mint fresh, salt, black pepper		•													
Lemon couscous with fresh herbs	couscous (couscous, green cucumber, pickled pepper, rapeseed oil, corn, onion, raisins, salt, lemon juice, spirit vinegar, pepper flavor, mint) oil, lemon juice (reconstituted from concentrate), parsley, dill, chives.	•		•		•		•		•		•		•		
Mixed salad (Greek Style)	mix of lettuces (endivia, frisee, radicchio), arugula (rotating in varying amounts), salad cheese, fresh cucumber, red pepper, black olives, red onion, vinaigrette sauce, oregano		•													
Penne with pesto sauce and broccoli	pasta, pesto sauce (mayonnaise, pesto, water, lemon sauce / lemon juice - reconstituted from concentrate, salt), broccoli, rapeseed oil	•		•		•		•		•		•		•		
Pickled baby onions	pickled baby onions, oil, parsley fresh															
Pickled gherkins	Pickled gherkins															

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dodatki nałoż
ile chcesz
(tylko z rybą lub
daniem
obiadowym
vege)

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Sides - any
choice
(only with fish or
vege dinner)

